

Project We Can Help

Is your child being Bullied?

1. Doesn't want to go to school or other activities with peers.
2. Afraid of riding the school bus. Sudden and significant drop in grades. (Bullying can cause a child to have difficulty focusing and concentrating.)
3. Suddenly sullen, withdrawn, evasive; remarks about feeling lonely or "not good enough".
4. Appears sad, moody, angry, anxious or depressed and that mood lasts with no known cause or change in typical behavior and personality.
5. Difficulty sleeping, nightmares, cries self to sleep, bed wetting and eating habits.
6. Begins bullying siblings or younger kids. (Bullied children can sometimes flip their role and become the bully.)
7. Suddenly has fewer friends or doesn't want to be with the "regular group".

Could your child be the Bully?

1. He or she refuses to include certain kids in play or study.
2. He or she is very concerned about being and staying popular.
3. He or she is aggressive, even toward adults.
4. He or she likes pushing around and teasing other children.
5. He or she is a smooth talker in tough situations.
6. He or she dominates and manipulates.
7. He or she show little sympathy towards others who are bullied.

If you can answer "YES" to any of these questions it is possible that your child and someone you know may be bullied or is a bully and needs your support.

Any questions or concerns please contact us at;

projectwecanhelp@gmail.com

or

call us directly 303-513-1967

Please contact Ira Alcantara if you feel you can offer expertise to contribute towards helping Project We Can Help.